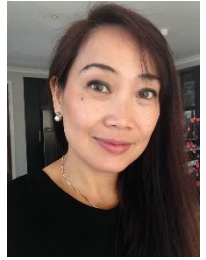


BodyMetrics

Massage Practitioner



Analiza Vallejo

BSc. Com. Bus. Mgt. Dip. RMT

Analiza has 18 years of experience working in the healthcare industry. Since completing remedial massage diploma in 2009 she became fascinated at how natural relaxation therapy can help promote general feeling and wellbeing.

Whilst there are a lot of conditions that needs medical treatment it has come to mind that perhaps there is something else we can do to prevent or minimise many diseases caused by stress, bad habits and general ageing.

There are ways and methods that can be proactively adapted to cope with the daily pressures of life. Massage is a practice that dates back thousands of years. It has been shown to have many positive benefits on both physical and mental health. Analiza had pursued this interest with the passion and determination and decided to provide this service to all women in the community.

Analiza Vallejo completed her Bachelor's Degree in Business in 1988, De La Salle University Manila Philippines. Completed Diploma of Remedial Massage in 2009, Australian College of Massage. She is an accredited member of ATMS (Australian Traditional Medicine Society for a number of years). She is currently studying her Master Aromatherapist Diploma at the Australian College of Aromatherapy.

Analiza Vallejo is committed to quality care and improvement of health & wellbeing for all women. She is the director of BodyMetrics Australia.