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## Targeted approach to relieve muscular aches and pain.

This treatment applies a combination of therapeutic massage and deep tissue techniques. The massage applied will be a series of faster stroking motion and more direct pressure on a specific area to help release tensions and break cycles of spasms and pain.

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### Your massage experience begins

Unwind with soothing Jasmine Tea

Quiet time to know about the Clinic

Discuss your requirements

Massage session

A moment to meditate

Getting ready for home

Massage experience complete

**30 minutes of precious time for yourself**

## Deep Pressure Massage

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30 minutes of massage

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Specific area - massage treatment

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Your choice of Luxurious oils

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Package Price  
\$50

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